

The Pain is Real - but so is HOPE

Lord we Pray for THOSE WHO HAVE A MENTAL ILLNESS

There is so much fear, ignorance and hurtful attitudes that the people who suffer from mental illness needlessly suffer further. Help us to support and be compassionate to those with a mental illness, every bit as much as we support those who suffer from any other illness. Let us always remember that people with a mental illness are not the illness — they are beautiful creations of God.

St. John of God, you understand and witnessed the difficulties of living with a mental illness. You lived in the darkness but found hope. You wrote: "When you feel depressed, have recourse to the Passion of Jesus Christ, our Lord, and his precious wounds, and you will feel great consolation".

Lord our God, grant courage to those for whom we pray and fill them with hope. If it is according to Your Divine Will, grant them the recovery and cure they desire. Help them to remember You love them; they are never alone.

Saint John of God, Patron of those with a Mental Illness, pray for us.

Catholic Institute for Mental Health Ministry www.sandiego.edu/cimhm