

from an International Adult Faith Formation Best Practices Study

#134 – January 15, 2021

A Best Practice: Resources for Our Time (Part XIII)

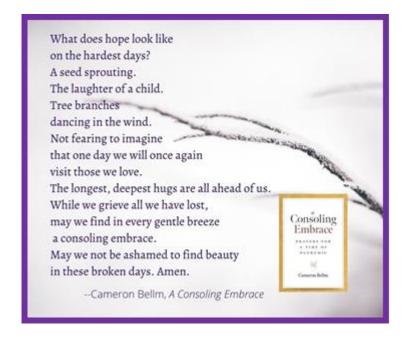
Since April, in addition to some of our themed issues and/or issues of specific best practices, we have done several issues to look at some resources for this time. Thus far, most of them have been related to these times of COVID.

This issue (and subsequent ones) will continue to look at resources for these days of living in and through the pandemic as well as other resources for these times (which can be used in adult faith formation), such as:

- The up-coming liturgical season
- Catholic social teaching
- Formation for an anti-racist society
- Caring for our common home

Some Practices, Resources and Reflections for Parishes

- The 2021 Church Leader Kit
- 5 Ways the Current Crisis is Accelerating the Arrival of the Future Church
- Parish Strategic Planning 2021 (Webinar)
- 7 Good Things that Came Out of 2020
- How to Lead when You're in Over your Head
- <u>Leading In a Pandemic</u>
- Called To a New Land
- Here Comes 2021: 7 Things Every Leader Should Be Preparing for Now
- Never Waste a Reset: How Churches Can Thrive in 2021
- 3 Ways the Church Can Respond to the Capitol Building Riot



Resources for upcoming feasts/liturgical year

- Resources for Lent
- Lenten Online Retreat
- Fasting for Lent and Our Year Round Christian Life
- A Different Kind of Fasting
- Lenten Practices: Calls to Growth and Conversion
- Forty Lenten Ideas
- Strips for a Family Lenten Chain
- Fasting is More than Giving Up Chocolate: Fasting ... From A to Z

- 40 Lenten Ideas for Changing, Growing and Living as Disciples
- Lent in 3 Minutes
- Lenten Plans for Busy Families
- Planes de Cuaresma para familias ocupadas
- Radiate Christ: Lenten Retreat Kit
- Ash Wednesday Bonfire at Home
- Creating a Lenten Prayer Space at Home
- Three Teaching Points for Ash Wednesday
- Lent in a Bag: An Activity for Church or Home
- Lent Faith Feeds
- <u>Drawing God Lent</u>

Often when you think you're at the end of something, you're at the beginning of something else.

~ Mister (Fred) Rogers

Reflections/Resources for Pastoral Leaders/Faith Formation Leaders

- Spiritual Practices and a Prayer for Use During Traumatic News
 Event: "Snuggled Under God's Wings" and the "Butterfly Prayer"
- <u>5 Tips for Teaching in Times of Civil Unrest</u>
- Present Moment Prayer for Catechists
- The Importance of Art in Catechesis

Resources for Formation Leaders (children and youth programming)

- Sending Faith Home 2021 Edition: A Guide for Pastoral Leaders amidst the Coronavirus Shutdown
- <u>LIFE@Home: An At-Home Family Session on Loving</u>
 <u>Relationships and Safe Environments</u>
- Worship@Home Liturgy of the Word: Dynamic Family Services
 Until We Gather Again
- Reimagining House Blessings as Pastoral Care in the Time of Covid-19
- Lessons, Activities and Prayers on What Makes Us Catholic
- <u>The Catechist's Guide to Beloved Catholic Prayers Understanding and Sharing the Tradition</u>
- The Gift of Being a Catechist Celebrating the New Directory for Catechesis
- <u>Teaching Kids to Care Reflections, Activities and Prayers on Practicing Virtues</u>
- We Gather Together A Family Retreat with Activities to <u>Prepare for First Eucharist</u>
- What Your Children's Ministry Needs from You in 2021
- The Role of Crafts in Catechesis
- Nine Noteworthy Necessities for Activities
- A Monthly Craft Idea to Help Children Grow in Faith
- Arts and Faith
- Drawing God
- Drawing God Kids Book Club
- <u>"Breakfast with God"</u> a 30-minute program hosted on Zoom, Sunday mornings at 9 a.m. EST designed to creatively engage children in the themes from the Sunday Gospel before families head off to virtual Mass.

Lessons from 2020 The world can change quickly. Friends matter greatly. Alone and lonely are different. Hope matters. Learn from the past. The small moments are beautiful. Kindness is a great gift. Optimism is priceless. Be grateful for family. Heroes truly exist. Give back generously. Never stop trying. Reach out to those you love. Live with bravery. Rachel Marie Martin

Resources for Faith Formation Leaders (adult faith formation)

- Quirky parish cookbooks can bring community to your kitchen
- Unemployed Together during the COVID-19 Shutdown
- Aging Gracefully during the Pandemic
- Free Tools to Share Fratelli Tutti with Your Parish
- Acknowledging the Body's Weariness
- Five small RCIA upgrades that will have huge impact
- New Year's resolutions for RCIA teams
- Opening to Transformation: Resources for the Journey

- The FAITH FEEDS program is designed for individuals in Catholic parishes who are hungry for opportunities to talk about their faith with others who share it. Participants gather over coffee or a potluck lunch or dinner, and a host parishioner facilitates conversation using articles from the C21 Center's biannual magazine, C21 Resources.
- Lent Faith Feeds
- C21 Resources
- C21 Resources Subscription

Resources for Reflection and Prayer

- In the Shadow of Your Wings: Blessing on Receiving COVID-19
 Vaccine
- A Blessing of Gratitude for the COVID-19 Vaccine
- Love Your Neighbor: A Blessing on Receiving the COVID-19
 Vaccine
- From Darkness to Light: A Meditation on Receiving the COVID-19

 <u>Vaccine</u>
- Who Has Kept Us Alive: Prayer for Receiving the COVID-19 Vaccine
- The Serenity Prayer for Our Times of COVID-19
- Pause + Pray
- A Litany of Healing for a Time of Covid
- Earth Altars: A Practice for Grateful Living

Music

- Mothering God
- Anthem of Hope

- All Things Bright and Beautiful
- Holy is His Name
- Your Name
- Shepherd Me, O God
- The Summons
- Change our Hearts



Catholic Social Teaching

- Killing in Our Name: Federal Executions and Pro-life Witness
- How Important is Truth?

- Nine Social Justice Principles of the Catholic Church
- A Matter of Spirit (focusing on how we can create an economic system that is equitable and sustainable)
- Social Teaching | Catholic Central
- <u>Living on the Edge of Chaos: A Reflection with Scripture</u> (January 19th Zoom presentation)
- The Church's Economic-Social Teachings
- Let America be an island of mercy for immigrants, refugees

Work toward Anti-Racism

- Anti-Racism Resources
- Ten Essential Strategies for Becoming a Multiracial Congregation
- Open Wide Our Hearts—the enduring call to love (a four-session process on the USCCB Pastoral on Racism)
- White Privilege (free download)
- White Privilege Leader's Guide (free download)
- Responding to Racism Youth Study (free download)
- Responding to Racism Leader's Guide (free download)
- As 2020 ends, reject a whitewashed Jesus and encounter the real <u>Christ</u>
- God is beyond race and gender. It's time our sacred art is too.
- Black saints matter
- Antiracism Is Work (webinar and resources)

Caring for our Common Home

- Nothing is disposable—neither our stuff nor the people who produce it
- <u>Care for Creation 2040 Movie Screening</u> (available from Jan 21, 2021 February 7, 2021)
- A Laudato Si' Focus on Environmental Justice (January 21 webinar)

Reaching out

- I Can Help Others (COVID-19 Lesson for Kids)
- Some of the Most Inspiring Moments from 2020

Hope and fear cannot occupy the same space. Invite one to stay.

~ Maya Angelou

Ideas and Suggestions for Families

- 6 ways parents can support their kids through the COVID-19 outbreak
- 7 creative ways to encourage your kids to pray
- Connect with your kids—and yourself—while running
- <u>"Breakfast with God"</u> a 30-minute program hosted on Zoom, Sunday mornings at 9 a.m. EST designed to creatively engage children in the themes from the Sunday Gospel before families head off to virtual Mass.

Helps regarding the Use of Technology

- Creating Spiritual Space Online: Best Practices & Reflection Questions
- Annual Meetings Go Virtual

Suggestions and Reflections for All of Us

- The Three Secrets of Resilient People
- The Top 10 Insights from the Science of a Meaningful Life in 2020
- A Guaranteed Way to Make 2021 Better
- <u>Don't Let the Pandemic Winter Get You Down: 9 Creative Ways To Socialize Safely</u>
- Does God Want to Heal Us?



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Past issues of **GEMS** are archived at www.janetschaeffler.com

Additional ideas for Adult Faith Formation Planning and Best Practices can be found in:

- Deepening Faith: Adult Faith Formation in the Parish https://www.litpress.org/Products/4652/Deepening-Faith
- The Seasons of Adult Faith Formation
 http://www.lifelongfaith.com/store/p25/The Seasons of Adult Faith Formation.html and http://www.lifelongfaith.com/2015-adult-faith-formation-symposium.html