Grade 6 - Adult

Learning by Heart – Common Prayers and Formulas (*CFLFF*, pp.607-615)

	6	7	8	9	10	11	12	Adult*
Sign of the Cross	$\overline{\mathbf{A}}$	$\overline{\mathbf{A}}$	V	V	abla	V	V	V
Grace Before Meals	$\overline{\checkmark}$	$\overline{\checkmark}$	V	$\overline{\mathbf{A}}$	$\overline{\checkmark}$	V	$\overline{\mathbf{V}}$	$\overline{\mathbf{V}}$
Grace After Meals	$\overline{\checkmark}$	$\overline{\checkmark}$	V	$\overline{\mathbf{A}}$	V	$\overline{\checkmark}$	$\overline{\mathbf{V}}$	$\overline{\mathbf{V}}$
Morning Prayers	$\overline{\checkmark}$	$\overline{\checkmark}$	V	$\overline{\mathbf{A}}$	V	$\overline{\checkmark}$	$\overline{\mathbf{V}}$	$\overline{\mathbf{V}}$
Evening Prayers	$\overline{\mathbf{A}}$	V	V	V	$\overline{\checkmark}$	$\overline{\mathbf{A}}$	V	Ø
Guardian Angel Prayer	\square	$\overline{\mathbf{A}}$	V	$\overline{\mathbf{A}}$			V	Ø
Lord's Prayer			V				V	V
Hail Mary			V				V	V
Glory Be	\square		V	\square			$\overline{\mathbf{Q}}$	\square
Act of Contrition			V				V	\square
Assembly's Mass Responses			V				V	Ø
Nicene Creed	\square		Ø	$\overline{\mathbf{A}}$	abla		V	V
Fatima Prayer	\square		Ø	$\overline{\mathbf{A}}$	abla		V	V
Hail, Holy Queen	$\overline{\checkmark}$	$\overline{\checkmark}$	V	$\overline{\checkmark}$	abla	$\overline{\mathbf{V}}$	V	V
Ten Commandments	$\overline{\checkmark}$	V	V	$\overline{\checkmark}$	V	V	V	V
Apostles' Creed	$\overline{\checkmark}$	V	V	$\overline{\checkmark}$	lacksquare	V	V	V
Corporal & Spiritual Works of Mercy	$\overline{\checkmark}$	$\overline{\checkmark}$	$\overline{\mathbf{A}}$	$\overline{\checkmark}$		abla	$\overline{\checkmark}$	$\overline{\square}$
Beatitudes	$\overline{\checkmark}$	V	V	$\overline{\checkmark}$	lacksquare	V	V	V
Joyful Mysteries of the Rosary	$\overline{\checkmark}$	V	V	$\overline{\checkmark}$	lacksquare	V	V	V
Sorrowful Mysteries of the Rosary	$\overline{\checkmark}$	$\overline{\checkmark}$	$\overline{\mathbf{A}}$	$\overline{\checkmark}$		abla	$\overline{\checkmark}$	\square
Act of Faith	$\overline{\checkmark}$	$\overline{\checkmark}$	V	V		abla	V	\square
Seven Sacraments	$\overline{\checkmark}$	$\overline{\checkmark}$	V	V		abla	V	\square
Holy Days of Obligation	$\overline{\checkmark}$	$\overline{\checkmark}$	$\overline{\mathbf{A}}$	$\overline{\checkmark}$			$\overline{\mathbf{V}}$	$\overline{\square}$
Deuteronomy 6:4-5 (Shema)	$\overline{\checkmark}$	V	V	$\overline{\checkmark}$	V	V	V	V
Glorious Mysteries of the Rosary	$\overline{\checkmark}$	V	V	$\overline{\checkmark}$	V	V	V	$\overline{\mathbf{V}}$
Act of Hope	V	V	V	V	$\overline{\mathbf{V}}$	V	V	$\overline{\mathbf{V}}$
Precepts of the Church	V	V	$\overline{\mathbf{A}}$	$\overline{\checkmark}$		abla	$\overline{\checkmark}$	$\overline{\mathbf{V}}$
Sanctus, Mysterium Fidei, Agnus Dei	$\overline{\checkmark}$	V	V	$\overline{\checkmark}$	V	V	V	V
Act of Love		$\overline{\checkmark}$	V	$\overline{\checkmark}$	abla	V	V	V
Stations of the Cross		$\overline{\checkmark}$	V	$\overline{\checkmark}$	abla	$\overline{\mathbf{V}}$	V	V
Luminous Mysteries of the Rosary		$\overline{\checkmark}$	V	$\overline{\checkmark}$	V	V	V	V
Gloria (in Latin)		V	V	$\overline{\checkmark}$	abla	$\overline{\mathbf{V}}$	V	V

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Cardinal & Theological Virtues			V	V	\square	V	V	V
Principles of Catholic Social Teaching				V	\square		V	V
John 11:25-26a				V	\square		V	V
Gifts of the Holy Spirit				Ø	\square		V	V
Major Feasts of the Lord				Ø	\square		V	V
Major Feasts of the Blessed Virgin Mary				Ø	\square		V	V
Psalm 23				V	\square		V	V
Come, Holy Spirit					\square		V	V
Fruits of the Holy Spirit					\square		V	V
1 Corinthians 13:4-8a					\square		V	V
Magnificat							V	V
Matthew 28:16-20 (Great Commissioning)							V	V
Benedictus							V	V

^{*}An adult is called to learn by heart all the basic prayers, formulas, and practices indicated previously in the life cycle. "In addition to the memorization of basic prayers and formulations of the faith, memorization of favorite psalms, songs, prayers, and poetry in praise of Christ our Savior is an effective form of catechesis that nourishes the human heart and helps to form the human spirit in Christ" (National Directory for Catechesis #29F).